



## CYBER SAFETY

Ask your child how they use the internet and social media; what sites they access and why they have chosen those sites. Discuss the information that your child has made available, and the need to retain privacy. Talk to your child about what they post online not only about themselves, but also of others. Make them aware that they should not get involved in cyber bullying or any unpleasant activity and ensure your child knows how to block or report people online who send offensive or inappropriate messages or content, and encourage them not to retaliate or reply. Make them aware of the CLICK CEOP button which is on many of the Social Media sites. Make sure your child knows that they should always tell an adult they trust if they see something online or via social media that makes them feel worried or uncomfortable.

It is also important that you are aware of the devices that your children use and what they do with them. Install anti-virus software, use a secure internet connection, and set parental controls where possible, but be aware that these controls are not 100% fool proof.

For further information, go to these websites which will help provide additional guidance:



The internet and social media are great tools for children to use and are part of their everyday life; by working together you can ensure that your child gets all the advantages of the digital world whilst remaining safe.



