CLOTHING

It is essential that all children have appropriate clothing for all weather conditions. At Wood and Wild, we love to get outside in almost all weathers so the clothing that the children are wearing has a huge impact on the enjoyment of their sessions.

Below is a guide to the types of clothing a child should be wearing. We have spares, so please let us know should you need to borrow something.



SUMMER

- Long sleeved T-shirt or top
- Light trousers- arms/legs must be covered in the woodland
- Socks
- Closed toed shoes - Trainers, shoes or Wellington boots.
- Sunhat
- Sunscreen

WOOD AND WILD

Find your strength.

CLOTHING GUIDE



WINTER

- Vest or T-shirt
- Base layer / long sleeved top
- Hooded top / fleece or thick jumper
- Waterproof jacket
- Thick socks (thermal or two pairs of thin ones)
- Trousers/leggings or thermal bottoms
- Waterproof trousers
- Waterproof boots
- Hat, gloves and scarf

OTHER SEASONS

Spring and Autumn can be changeable, so layering is key. Please refer to the Winter and Summer lists and dress according to the weather.

TOP TIP

In the UK, we have rain any time of the year so it is important that children have a waterproof outer layer in their bags at all times.

WOOD AND WILD

WHAT TO WEAR

In the UK, we have rain any time of the year so it is important that children have a **WATERPROOF OUTER LAYER** in their bags at all times.

SUMMER
19 – 21 DEGREES



- Long sleeved T-shirt or top
- Light trousers – arms/legs must be covered in the woodland
- Socks
- Closed toed shoes – trainers, shoes or Wellington boots.
- Sunhat
- Sunscreen

SPRING
9 – 18 DEGREES



- Long sleeved T-shirt or top
- Light trousers – arms/legs must be covered in the woodland
- Socks
- Closed toed shoes – trainers, shoes or Wellington boots.
- Sunhat
- Sunscreen

AUTUMN
10 – 19 DEGREES



- Vest or T-shirt
- Base layer / long sleeved top
- Hooded top / fleece or thick jumper
- Waterproof jacket
- Thick socks (thermal or two pairs of thin ones)
- Trousers/leggings or thermal bottoms
- Waterproof trousers
- Waterproof boots
- Hat, gloves and scarf

WINTER
8 – 0 DEGREES



- Vest or T-shirt
- Base layer / long sleeved top
- Hooded top / fleece or thick jumper
- Waterproof jacket
  Thick socks (thermal or two pairs of thin ones)
- Trousers/leggings or thermal bottoms
- Waterproof trousers
- Waterproof boots
- Hat, gloves and scarf